

*For immediate release*  
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## ***Trimming the fat from cosmetic plastic surgery costs: Laser Liposuction vs. Tumescent Liposuction***

accelerated recoveries 4 days rather than 42 days\* - affect the bottom line of a body shaping procedure for the better

**Virginia Beach, VA** – Laser Liposuction patients of board-certified plastic surgeon Matthew Galumbeck, MD, report dramatically quicker healing than past patients did when he performed the classic tumescent liposuction. According to Dr. Galumbeck, “The benefit is more than improved safety and physical comfort. This is the story of a new medical technology changing the economics of a common plastic surgery procedure.”

- laser lipo patients get back to work and normal productivity 5x faster
- laser lipo patients don't waste paid vacation days recovering
- depending on the laser liposuction procedure, patients report a return to normal physical activity (exercise, recreation, family and work) in four to seven days

The reason? In Dr. Galumbeck's experience, when liposuction is assisted by a specifically calibrated, fat-destabilizing laser scanning the exterior of a patient's body, every aspect of the procedure becomes less invasive. Compared to tumescent liposuction patients, laser liposuction patients report less bruising, swelling and discomfort. For example:

- After a typical waist/hip/abdomen procedure, most laser liposuction patients wear a compression girdle for 4 days vs. 42-56 days for tumescent liposuction patients – a 90% decrease in a key indicator of recovery time – for a gain of as many as 52 more comfortable, active and productive days for patients
- The chin strap or “jaw bra” worn for 28 days (all day for the first 14 days – for 8-10 hrs. per day thereafter) after under-the-chin tumescent liposuction is uncomfortable and stigmatizing. With laser liposuction, a self-adhesive support strip is worn for only 24-36 hours immediately following surgery.

Dr. Galumbeck's post-surgical assessment of patient outcomes is based on more than 1,000 laser liposuction procedures since he introduced the technology to his patients in November, 2005. The data supports similar results from a multi-center, double-blind, randomized study approved by the International Review Board that led to FDA approval of the Erchonia Neira 4L laser. The study compared placebo-treated liposuction patients to those treated with an active laser.

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*Dr. Galumbeck is a board-certified cosmetic plastic surgeon with over a decade of clinical experience, whose practice focuses on a precise range of procedures to enhance face, breast and body. Published in medical journals, Galumbeck is member of the faculty of Eastern Virginia Medical School. He is medical director of Spa Phoenix, a medical/day spa in Virginia Beach, founded in 2000. His skin care line, Skin Amnesty<sup>®</sup>, is a smart skin care system developed to offer women and men a regimen to maintain the results of their plastic*

*surgery, and potentially delay the need for further surgery, by restoring healthy skin and protecting it from environmental damage.*